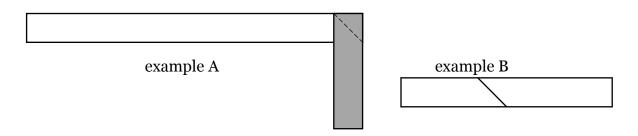
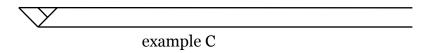


Quilt Binding

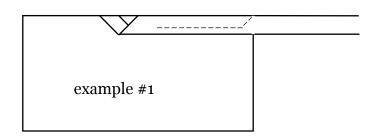
- ❖ For a straight binding, you are going to use strips cut from the width of one of the fabrics from your quilt. When making binding for a quilt, measure the outside edge of the quilt. Take the total number of inches around the quilt add 25 inches (this allows for diagonal seaming and mitering corners). This is the number inches of binding you'll need. If you are making a straight edge binding, divide the total number by 40 and you should have the number of width of fabric strips you'll need. Binding can be various widths. I generally cut my strips 2-1/4 inches. For my miniature quilts I use a 1-7/8 inch binding.
- ❖ If you are using a bias binding (necessary if you are doing any curved or scalloped edging, or if you like the way a stripe comes out better on the bias), cut strips at a 45 degree angle from a single layer of your yardage. A ½ yard or ¾ yard is usually enough for making binding.
- ❖ Lay one binding strip face up. Cross the end of the strip with a second strip face down and sew diagonally from corner to corner as in example A. Trim seam leaving a 1/4" seam allowance and press seam open. Sew all the strips together in this way so there will be one long strip per example B.



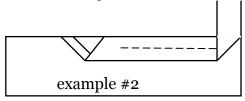
❖ On one end of the binding (the beginning), cut the strip on a 45 degree angle. Fold in a 3/8" seam allowance and press. Fold and press the entire strip in half lengthwise per example C.



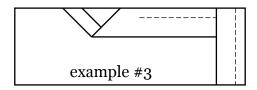
❖ Starting in the <u>middle</u> of one side of your quilt, begin sewing about 1 inch below the fold at the beginning of the binding using a <u>1/4</u>" seam allowance. Sew to within 1/4" of the corner, then pivot and sew off at a 45 degree angle to the corner of the quilt (see example #1). Clip thread.



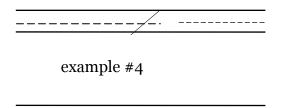
Fold up the binding to make a 45 degree fold to the edge of the quilt, using the corner of the quilt as the pivot point (see example #2).



❖ Fold back again, square to the edge of the quilt. Place a pin if needed to hold. Starting at the top edge of the quilt, continue down the side with a 1/4" seam allowance (see example #3). This will result in a perfect mitered corner.



Repeat these instructions for each side and corner of the quilt. When you return to where you began, cut the binding off diagonally, about ½ inch longer than needed and tuck inside the fold where you began and finish sewing the binding to where you started. Back stitch for security. (see example #4).



Turn binding to the back of the quilt and blind stitch to the back of the quilt. I like to start at the point where I started machine binding the quilt on and blind stitch that diagonal binding seam together. Then I start sewing down the side of the quilt. When you get to the corner, sew all the way to the edge, fold the next side's binding down and the corner should automatically miter (on the front and on the back!). Put a few stitches into the miter fold on the back to hold it in place and begin blind stitching the rest of the side. Continue this way all around the quilt. (If you're machine binding and have sewn the binding first to the back of the quilt, use the separate Quiltricks machine binding instructions.

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